



SAMPLE PROFESSIONAL DEVELOPMENT SESSIONS

> LEADERSHIP DEVELOPMENT

Coaction Collective's leadership development professional learning series is highly interactive, with participants working through real-world scenarios, learning from each other, and engaging in meaningful discussion. We focus on practical application so leaders leave with tools and strategies they can use right away in their day-to-day leadership practice.

The topics below are just a sample of what we offer. Often, we pair formal group learning sessions with individualized coaching. Our sessions are customized based on each organization's goals so the learning is relevant, responsive, and immediately useful.



Strengths-Based Leadership and Emotional Intelligence

In this session, leaders learn to identify and apply their own strengths while uncovering and developing the unique talents of their teams. Through reflection, discussion, and practice, participants learn how to use strengths intentionally to navigate challenges, communicate more effectively, and lead with greater self awareness, empathy, and impact in everyday moments.



Challenging Conversations

Handling difficult conversations with honesty and confidence takes practice. Leaders develop concrete skills for addressing conflict, delivering constructive feedback, and staying grounded in relationships when tensions are high. Leaders learn how to have conversations that are direct and respectful while keeping momentum toward resolution and better outcomes.



Effective Check Ins

Strong one-on-one meetings become a powerful driver of accountability and trust. Leaders learn simple, practical tools to run focused check-ins that surface priorities early, remove roadblocks, and keep work moving. These structured conversations turn everyday meetings into productive touchpoints that help managers and their teams stay clear on expectations and make consistent progress on what matters most.



Managing Up

Managing up means taking initiative to create clarity and alignment with your manager. Instead of waiting for direction, leaders learn how to take an active role in improving how they work with their manager. They build habits to strengthen communication, clarify expectations, and move from raising problems to offering solutions, building trust and a stronger working relationship.



Change Management: Using Design Thinking Principles

Leaders learn to navigate pressure and lead change with confidence. Using principles of design thinking, they get closer to the real needs of their teams, reframe challenges to uncover better solutions, and test ideas before fully committing. Grounded in strong change management practices, they build momentum through clear communication, thoughtful stakeholder engagement, and addressing resistance in ways that strengthen trust rather than erode it.

> LET'S CONNECT:

We'd love to hear your goals and see how we can help you reach them. Email us at hello@coactioncollective.com to set up a quick chat.